



# **Firebird Free Press**

October 28th-Nov 1st, 2024

## **Week at a Glance**

### **Monday October 28th:**

- \*Intermediate Boys Volleyball Practice after school from 3pm-4pm-Tham
- \*Junior Boys Triple Ball Practice @ 12:50pm-Tham
- \*Choir Practice @ 12:50pm in Music Portable-Pietrangelo
- \*Girls Triple Ball: 10:50am-Gym-Capitano

### **Tuesday October 29th:**

- \*Intermediate Girls Volleyball Practice after school from 3pm-4pm-Tham
- \*Junior Boys Triple Ball Practice @ 10:50am-Tham
- \*Musical Practice- Cast 1 and 2 Scenes 1-5
- \*Girls Triple Ball: 12:50pm-1:30pm-Capitano

### **Wednesday October 30th:**

- \*Grade 8: St. Paul High School Pep Rally
- \*ELF The Musical: Last Day To Purchase Tickets On School Cash
- \*Wasteless Wednesday: ECO TEAM-Thompson and DeCicco
- \*Advanced Dance Team practice @ 7:50 am-Cuviello
- \*Intermediate Boys Volleyball Practice after school from 3pm-4pm-Tham
- \*Junior Boys Triple Ball Practice @ 10:50am-Tham
- \*Musical Practice: Cast 1 and 2 Scenes 6-9
- \*Girls Triple Ball: 12:50pm-1:30pm-Capitano

### **Thursday October 31st:**

- \*Halloween Costume Parade @ 9:15am (Booth Street). Families are welcome to come out and support our students.
- \*Dance-A-Thon: K-8: Gym (Reminder to make your donations on School Cash).
- \*Dress Down Day

### **Friday November 1st:**

- \*Pasta Fresca Day
- \*Lights Out Friday: ECO TEAM-Thompson and DeCicco

- \*Performance Dance Team @ 10:50am in the Gym-Mancuso
- \*Intermediate Girls Volleyball Practice @ 12:50pm-Tham
- \*Junior Boys Triple Ball Practice @ 12:50pm-Tham

## Elf The Musical

This is a friendly reminder that on Monday, December 16th, 2024 students from Kindergarten to Grade 8 will have an opportunity to attend the musical performance, Elf at the Greg Frewin Theatre.



As part of the drama and music curriculum, students will have a chance to experience a true musical theater production. We will also be supporting some of St. John Henry Newman's students who will be performing in the musical.

Please be sure to log into School Cash Online and purchase tickets for your children on or before October 30, 2024. **No late or cash payments** will be accepted as we need to confirm numbers with the theatre. There is also an option to purchase a small popcorn and water for an additional \$6.00. This is **optional**. Please note that students who choose not to purchase popcorn will be allowed to bring their water bottle and pocket snacks with them to the performance. Students are NOT permitted to bring money to purchase additional items from the concession stands.

Thank you very much for your attention to this opportunity.

## NCDSB Cross Country

On Tuesday October 22nd, students had an amazing day at Cross Country for the NCDSB meet at Fireman's Park. They represented SJHN with amazing sportsmanship and perseverance. We are so proud!

A BIG thank you to Mrs. Fortino-Carter, Mrs. Nurton and Mrs. Piscitelli for coaching our students.

Representing the SJHN were the following students:



	<b>Grade 5-Girls</b> Stefanie Ciesla		<b>Grade 7-Girls</b> Isabella Ridsdale Keondra Smith	<b>Grade 8-Girls</b> Riley Woehl (10th) Michaela Lombardi (7th)
<b>Grade 4-Boys</b> Nate Jone (8th) Bronson Lepiane (7th) Luke Minervini Anthony Ciavattone (5th)	<b>Grade 5-Boys</b> Ethan Ridsdale	<b>Grade 6-Boys</b> Oliver Sakes Marcello Petrella (3rd) Triumph Okwute	<b>Grade 7-Boys</b> Luca Marino (10th) Logan Stewart Frank Harper Connor McLaughlin	<b>Grade 8-Boys</b> Rocky Sacco Patrick Damiano Ben Bergen (6th)



## Niagara Parents

[Niagara Parents](#) provides a variety of services to help you raise a happy and healthy family. Individuals can connect with a Public Health Nurse instantly in which ever language they are most comfortable speaking.

Services offered:

- Questions or concerns about parenting, your child's health, or pregnancy.
- Parenting classes, breastfeeding support, prenatal appointments and more.
- Postpartum support
- Links to services within the community

Connect with a Public Health Nurse Monday to Friday, 8:30 a.m. to 4:15 p.m. through phone, live chat, video call, or email. Live chat is available in 90 different languages.

Find Niagara Parents on [Facebook](#), [Instagram](#) or [Twitter](#) for different activities you can do with your kids, relevant resources and virtual events for parents.



**chris spagnol**

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